

NEW SENSATIONS

SENSORY MODULATION WORKSHOPS



COORDINATED BY RICHMOND FELLOWSHIP
QUEENSLAND & BRISBANE SOUTH PHN
PARTNERS IN RECOVERY (PIR)

'NEW SENSATIONS' is a one day workshop followed by a one hour individual therapy session. The workshop will introduce you to Sensory Modulation and the individual session will adjust these strategies to your needs.

WHAT IS SENSORY MODULATION?

Sensory Modulation is an evidence-based practice which can be described simply as **improving the way you feel or function by using your senses.**

Come along to this practical and interactive workshop to build your skills, knowledge and confidence in using your senses to manage your daily life.

HOW DO I JOIN?

The workshops are available to all PIR participants in the Brisbane South Region. To register please contact program coordinator Rina with participant's information, community support person's details and dietary requirements.

 **Turn over for workshop information**

To participate please contact Rina Koita
E sabrina.koita@rfq.com.au **M** 0455 112 282



FEEL & FUNCTION BETTER BY USING YOUR SENSES

WORKSHOP DETAILS

Sessions run from 9:30am - 3:00pm
With a 10am start.

WORKSHOP 1 WEDNESDAY 7 MARCH

ADDRESS
Harmony Place
30 Shottery Street, Yeronga

WORKSHOP 2 THURSDAY 12 APRIL

ADDRESS
Ryan's Place
22 Mayes Avenue, Logan Central

WORKSHOP 3 TUESDAY 1 MAY

ADDRESS
Queen Alexander House
347 Old Cleveland Rd, Coorparoo

WORKSHOP 4 MONDAY 14 MAY

ADDRESS
Brook RED
20 Main Street, Beenleigh

WORKSHOP 5 THURSDAY 31 MAY

ADDRESS
Redland Community Centre
29 Loraine St, Capalaba

WORKSHOP 6 WEDNESDAY 27 JUNE

ADDRESS
Acacia Ridge Community Hall
13 Coley St, Acacia Ridge

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