

## RFQ

Richmond Fellowship Queensland (RFQ) is a well respected not for profit company and leading provider of psychosocial mental health recovery support, serving the Queensland community for 45 years.

RFQ builds on its traditional values with progressive thinking and world leading research to realise its vision:  
*a future recovered for people facing mental health challenges and social disadvantage.*

## GOLD COAST HEALTH

Gold Coast Health provides all public mental health and AODS (Alcohol and Other Drugs) services on the Gold Coast. The Mental Health Service provides assessment, treatment and support to people who have a mental illness. Services are provided depending on individual need.

**FIND OUT MORE**  
[WWW.RFQ.COM.AU](http://WWW.RFQ.COM.AU)

*Recovered Futures –  
Mental Health Recovery and Wellbeing*

## CONTACT US

### RFQ HEAD OFFICE

**T** 07 3363 2555  
**E** [info@rfq.com.au](mailto:info@rfq.com.au)  
**W** [www.rfq.com.au](http://www.rfq.com.au)

PO Box 655  
Annerley Qld 4103



### RFQ GOLD COAST

**T** 07 5563 8855  
10 Mick Veivers Way  
Southport Qld 4215

## Gold Coast Health

### GOLD COAST HEALTH

**T** 07 5687 9651  
**W** [www.goldcoast@health.qld.gov.au](mailto:www.goldcoast@health.qld.gov.au)

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Gold Coast Health



# TRANSITIONAL RECOVERY SERVICE (TRS)



A COLLABORATION BETWEEN  
RICHMOND FELLOWSHIP QUEENSLAND  
AND GOLD COAST HEALTH

## TRANSITIONAL RECOVERY SERVICE (TRS)

TRS is an intensive support service for people accessing Gold Coast Mental Health Services.

The service supports people to return to the community after a hospital stay, or avoid a possible hospital admission.

This is done through:

- Intensive Residential support for up to 7 days
- Outreach support in the community and at home
- Access to a range of groups offered through the Capstone Program



### ELIGIBILITY

- People aged 18 - 65 years
- Living on the Gold Coast
- Must have stable accommodation
- Have a diagnosed mental illness
- Able to manage own medication
- Receiving services through the Gold Coast Mental Health Service – either in the community or as an in-patient
- Abstinence from alcohol and drugs
- Willing to share a living space with others and actively participate in the program

### REFERRALS

To participate in the program, you may be referred by your case manager or treating team in the hospital.

### SUPPORT

During your time with TRS, we will:

**WORK TOGETHER** with you and your support network to plan your transition back home and your support needs

**SUPPORT** you to increase your resiliency in the community and to settle back in at home after exit from the Intensive Residential Support

**COLLABORATE** on recovery goal setting and your support plan in the future

**CONNECT** you with health services and your local community

