

RFQ

Richmond Fellowship Queensland (RFQ) is a well respected not for profit provider of community sector mental health services in Queensland, serving the community for over 45 years.

RFQ builds on its traditional values with progressive thinking and world leading research to realise its vision:
a future recovered for people facing mental health challenges and social disadvantage.

GOLD COAST HEALTH

Gold Coast Health provides all public mental health and AODS (Alcohol and Other Drugs) services on the Gold Coast. The Mental Health Service provides assessment, treatment and support to people who have a mental illness. Services are provided depending on individual need.

FIND OUT MORE
WWW.RFQ.COM.AU

*Recovered Futures -
Mental Health Recovery and Wellbeing*

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Gold Coast Health

GOLD COAST HEALTH

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Gold Coast Health



TRANSITIONAL RECOVERY SERVICE (TRS)



A COLLABORATION BETWEEN
QUEENSLAND HEALTH
RICHMOND FELLOWSHIP QUEENSLAND
AND GOLD COAST HEALTH

TRANSITIONAL RECOVERY SERVICE (TRS)

TRS is an intensive support service for people accessing Gold Coast Mental Health Services.

The service supports people to return to the community after a hospital stay, or avoid a possible hospital admission.

This is done through:

- Intensive Residential support for approximately 7 days
- Outreach support in the community and at home
- Access to a range of groups offered through the Capstone Program



ELIGIBILITY

- People aged 18 - 65 years
- Living on the Gold Coast
- Must have stable accommodation
- Have a diagnosed mental illness
- Able to manage own medication
- Receiving services through the Gold Coast Mental Health Service – either in the community or as an in-patient
- Abstinence from alcohol and illicit drugs
- Willing to share a living space with others and actively participate in the program

REFERRALS

To participate in the program, you may be referred by your case manager or treating team in the hospital.

SUPPORT

During your time with TRS, we will:

WORK TOGETHER with you and your support network to plan your transition back home and your support needs

SUPPORT you to increase your resiliency in the community and to settle back in at home after exit from the Intensive Residential Support

COLLABORATE on your recovery goal setting and support plan

CONNECT you with health services and your local community

