

# HOSPITAL TO HOME (H2H)



**RICHMOND FELLOWSHIP QUEENSLAND**  
A future recovered for people facing mental health challenges

## CONTACT US

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Richmond Fellowship Queensland (RFQ) is a leader in the provision of professional recovery-oriented psychosocial services throughout Queensland, and nationally via telehealth services.

RFQ combines the inspirational vision and values of our founders with progressive thinking, advanced research and evidence-based practice to realise its vision:  
*a future recovered for people facing mental health challenges and social disadvantage.*

**FIND OUT MORE**  
[WWW.RFQ.COM.AU](http://WWW.RFQ.COM.AU)

*Recovered Futures –  
Mental Health Recovery and Wellbeing*

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## H2H PROGRAM

The H2H program is an integrated wrap around support service for people referred from the Mental Health Service.

The service supports people through hospital discharge preparation to follow up recovery support at home.

Supports are provided across the continuum of care and are of a higher intensity for three months, and then a lower intensity for a further period of up to nine months.

People already supported in the community by a mental health team may also be eligible for the service.



### Need more information?

Contact our Metro North H2H team

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## ELIGIBILITY

- Adults (aged 18 years and over)
- Referred by the Mental Health Service
  - Inpatient unit – for discharge support and follow up recovery support at home
  - Community mental health team – for support to remain healthy in the community
- People regularly accessing the acute care system
- Not receiving support through the NDIS

## SUPPORT

During your support, we will:

**WORK TOGETHER** with you, your family and clinicians to plan your hospital discharge and support needs

**SUPPORT** you at home including with your living arrangements and with your follow up mental health appointments

**COLLABORATE** on recovery goal setting and your support plan into the future

**CONNECT** you with health and welfare services, peer groups and your local community supports

