Richmond Fellowship Queensland (RFQ) is a leader in the provision of professional recovery-oriented psychosocial services throughout Queensland, and nationally via telehealth services.

RFQ builds on its traditional values with progressive thinking and world leading research to realise its vision: a future recovered for people facing mental health challenges and social disadvantage.

> FIND OUT MORE WWW.RFQ.COM.AU

Recovered Futures -Mental Health Recovery and Wellbeing

#### **CONTACT US**

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# NATIONAL PSYCHOSOCIAL SUPPORT (NPS)



**RICHMOND FELLOWSHIP QUEENSLAND** A future recovered for people facing mental health challenges

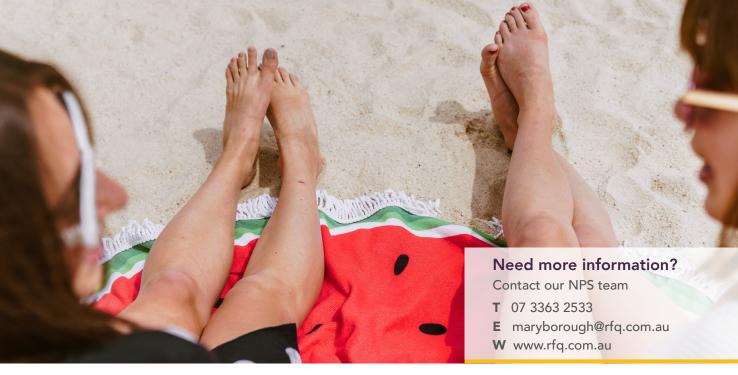
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#### NATIONAL PSYCHOSOCIAL SUPPORT

The National Psychosocial Support measure is a mental health program that provides a range of non-clinical, community-based supports.

These supports might be delivered individually or in a group setting and aim to support people to achieve their recovery goals.





### **ELIGIBILITY**

To be eligible for support you:

- are aged 18-65
- live with a moderate to severe mental illness and have an associated level of reduced psychosocial functional capacity
- are not being assisted by the NDIS or Continuity of Support arrangements
- are not a participant of a mental health program funded by Queensland Health

## REFERRALS

To participate in the program you may be referred by your GP, clinical support team, other service providers or you can contact us directly.

### **SUPPORT**

The objectives of the program are to:

- work together with you and your support network to develop an individual recovery plan based on your personal goals and needs
- support you to increase your resilience and access clinical supports as required to reduce the avoidable need for the use of more intense and acute health services
- connect you to relevant local supports and activities to support your independence and participation in your community