

SUPPORT FOR PEOPLE LIVING IN RESIDENTIAL AGED CARE FACILITIES



Are you feeling down or overwhelmed?

Are you struggling with the transition to your new home?

There is help available.

We offer a free support service tailored to assisting people to manage daily worries and concerns.

We offer face to face, phone and video coaching sessions to suit your needs.



CALL 0451 149 031 TO FIND OUT MORE



Richmond Fellowship Queensland



support • awareness • growth • empowerment
Older Persons Psychological Therapies



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Recovered Futures – Mental Health Recovery and Wellbeing
www.rfq.com.au

