

SUPPORT FOR PEOPLE LIVING IN RESIDENTIAL AGED CARE FACILITIES



Are you feeling
down or
overwhelmed?

Are you
struggling with
the transition
to your new
home?

There is help available.

We offer a free support service tailored to assisting people to manage daily worries and concerns.

We offer face to face, phone and
video coaching sessions to suit your needs.



CALL 0451 149 031 TO FIND OUT MORE



Richmond
Fellowship
Queensland



support • awareness • growth • empowerment
Older Persons Psychological Therapies



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Recovered Futures – Mental Health Recovery and Wellbeing
www.rfq.com.au

